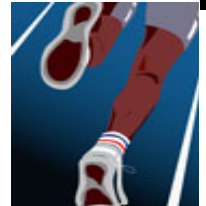




On Track

“THE HEAT” – CHANGING OUR WORLD ONE EVENT AT A TIME



COACHES CORNER—Results Count!!

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We have had more success and compiled significant results on and off of the track than ever before! In addition to winning the County, Amateur Athletic Union (AAU) State, AAU Region, Mark Trail , Bring the Heat Invitational, and almost every other meet we have entered, we have advanced more than 50 % of our athletes to the National Junior Olympics than ever before. We also created programs like the Community Outreach that orchestrated the care package and letters to the

troops in Afghanistan, the Athlete Tutorial Program that continues to stimulate the minds and learning for some of our younger children. We have stepped up to help each other in times of sadness and need, and have shown over and over that this is more than a track club. One Mom referred to it once as a Ministry. I was taken aback at that for a minute, but thought about the word and its primary meaning which is service, and I agree

with her. We have a lot of new programs coming out, and I believe we will continue to evolve. As we close this successful year I thank all who helped along the way and look forward — Coach Blane

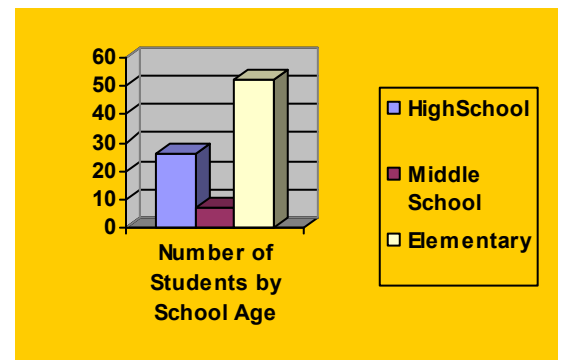


We target more than Physical Achievement Education, Health and Community involvement is what makes a Heat Athlete.

The Heat– Demographics

“The Heat” consists of a dynamic group of athletic kids.

Each year our enrollment averages 130 students for the Spring Session and 85 in the Summer. This past summer we had 39 girls and 45 boys enrolled.



Summer Educational and Tutorial Program

As the end of the 2008 school year approached, several of “the HEAT” parents were considering and deciding summer child care and learning alternatives within the local community. We ponderedWhat viable and enriching educational and recreational options were available yet flexible to meet our kids already demanding weekly physical work-out evening schedule?

According to a John Hopkins University 2007 study, all students fall almost 2.6 months behind in math skills over the summer.

Although some of our kids were teenagers, we did not want them spending more time at home in the care of an older sibling, with

relatives, or simply playing at a local daycare center? The answer to our questions were amongst us—the HEAT parents. As a result, we developed a summer program geared toward three objectives 1) Preventing basic math skills knowledge loss during the summer 2) Preparing for the next school year 3) Focusing on any weak subject areas. However since that time, more research was completed and we’re continuing to develop a pilot education program to hopefully be introduced to the entire club next year with the purpose being to provide high-quality learning opportunities for our children during the summer

months.

We want our HEAT parents and community to know that the goal of the upcoming summer program is to ensure the program is comprehensive, holistic with enriching activities —both academic and non-academic. Our proposed well-designed summer program will:

- Increase academic achievement
- Help keep our kids safe and healthy
- Increase connections to the workforce and community service
- Ensure our kids have meaningful relationships with caring adults
- Increase motivation for and engagement in learning



FACT: “All students fall almost 2.6 months behind in math skills over the summer” (John Hopkins 2007 Study:)

THE HEAT “TODAY’S CHAMPIONS...TOMORROW’S LEGENDS”

The Junior Olympics

Olympics is an accomplishment worthy of recognition!!! It’s was a long season, starting back as far as January for some. This is a true achievement and we are very proud of our young athletes and record breakers, said Head Coach

Blane Williams. They’ve trained hard to make it to the Junior Olympics.

In August the AAU Junior Olympic Games were held at Eastern Michigan University, Ypsilanti, Michigan. 48 members of The Heat Track Club

qualified to compete on a national field level of nearly 10,000 youth track and field athletes. The Heat athletes earned a total of 29 finalists medals; five gold, eleven silver, three bronze and ten copper for placing in the 4th – 8th positions



Great Job on Community Outreach Donation and Drive

GREAT JOB to The "HEAT" athletes and parents for collecting two large bins of GOODIES for our community and soldiers stationed overseas in Afghanistan. We also collected some cell phones. We need more so KEEP THE PHONES COMING. Please remember cell phones equal free calling cards for our deployed soldiers. So let's keep working on brining those phones in. Another reminder.....there will



be a bin every Thursday at practice for cell phone collection.

All donations are greatly appreciated but a "BIG KUDOS" goes out to the Render family. Darryl Render went above and beyond the

call for donations and was able to get 25 CASES OF COOKIES from his employer. WOW!

Lastly, a BIG THANKS to Derrick Allen for taking all of our items and getting them prepared for shipping. He is also the one responsible for sending off our cell phones and getting the free phone cards for us.

We have truly pulled together to make this outreach program a big success.

Troops Sends a Big Thank You

Our adopted troop, The 101 Airborne Division who is stationed in Afghanistan sent The Heat two custom made rugs to show their appreciation for all of the support and letters sent this year.



Clothes for the Troops

"The Heat" is now collecting clothing to send to 101 Airborne. Items needed:

- Washing Detergent
- Gray T-Shirts sizes (L,XL)
- Jogging Pants sizes (L,XL)

National Council of Youth Sports Announces 2008 Hershey's STRIVE Award Program

The National Council of Youth Sports (NCYS) present the 2008 Hershey's STRIVE Awards. These annual awards recognize coaches, administrators, officials and volunteers - from hometown communities throughout the United States - who have demonstrated a heartfelt passion, an enthusiastic commitment and a contagious spirit to help kids succeed in youth sports. Through their actions and professionalism, they demon-

strate to young people that Sports Teach Respect, Initiative, Values and Excellence.

Nominees for this year include: Coach Blane Williams, Administrator of the Year; Coach Vaughn Williams; Coach of the Year; Volunteer of the Year: Daphne Freeman, Jean Williams, and Terri Williams.

The National Council of Youth Sports (NCYS) comprises the who's who in the youth sports indus-

try. Its membership represents over 180 organizations/corporations serving 44-million actual boys and girls in organized youth sports. Some young people participate in multiple sport programs; consequently, the NCYS membership provides athletic opportunities to more than 60-million registered participants.



"FOR OUR KIDS- DRIVEN BY OUR KIDS"

The Heat Track Club is a Non-Profit multi-cultural and educational organization that is "for our kids and driven by our kids". Their ages range from 5-18 years old. The Heat adds a new dimension to Track & Field complimenting what is already being achieved in area park and recreational departments. The Heat brings together various athletic talents and abilities from Cherokee, Cobb, Douglas, and Fulton Counties to participate in high-level competitions and lead them on their way to becoming well-rounded citizens.

WWW.theheattrackclub.org



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Meet the Heat Coaches

"The Heat" organization was so successful this past season due to our Coaches and Parents who made a significant commitment to teach and train our kids. They worked hard this Summer Season to help our kids grow and accomplish phenomenal goals despite the economy and gas prices. Each Athlete was determined and confident to meet their coaches expectations. This experience helped each child not only excel on the field but off the field to include academics, community involvement and living a health life style by continuing to exercise and eating right.

Coaches for 2008:

- Blane Williams
- Vaughn Williams
- Derrik Allen
- George Wilson
- Herb Griffin
- Edmund Hardiman
- Brian Andrews
- Monty Willis
- Chinita Allen
- Brent Fullwood
- Eddie Jackson
- Al Bosma
- Ken Brinson

